



## WYOMISSING AREA SCHOOL DISTRICT JSHS UNIVERSAL FREE BREAKFAST MENU

| MONDAY                               | TUESDAY   | WEDNESDAY                         | THURSDAY   | FRIDAY                              |
|--------------------------------------|---|-----------------------------------|--|-------------------------------------|
| CHOOSE 1 ENTRÉE                      |   |                                   |  |                                     |
| FRENCH TOAST W/ TURKEY<br>SAUSAGE    | MINI PANCAKES   | BACON, EGG, & CHEESE<br>CROISSANT | MINI WAFFLES   | TURKEY SAUSAGE EGG & CHEESE<br>WRAP |
| OR                                   | OR  | OR                                | OR   | OR                                  |
| BANANA BREAD SLICE                   | WG DONUTS   | CEREAL BAR                        | WG PILLSBURY MINI BAGEL W/ CREAM<br>CHEESE                             | YOGURT W/ GRANOLA                   |
|                                      | OR  |                                   |  |                                     |
|                                      | FRUIT SMOOTHIES   |                                   |  |                                     |
| OR                                   |   |                                   |  |                                     |
| DAILY ALTERNATIVE                    | CHOOSE 1 FRUIT & OR JUICE   | CHOOSE 1 MILK (OPTIONAL)          |  |                                     |
| ASSORTED CEREAL W/ GRAHAM<br>CRACKER | 4 OZ. 100 % JUICE OPTION: APPLE,<br>ORANGE, GRAPE, FRUIT PUNCH<br>ASSORTED FRESH FRUIT:<br>ORANGES, BANANAS, APPLES, &<br>GRAPES<br>ASSORTED CANNED OR DRIED<br>FRUIT | 1% WHITE MILK or FF CHOC. MILK    |  |                                     |
|                                      |   | BREAKFAST TIMES                   | Menus Are Subject to Change  | ONLINE CAFETERIA SERVICES           |
|                                      |   | JSHS 7:55 - 8:05 AM               | On-line payments can be made at<br>schoolcafe.com<br>ADULT MEAL \$2.40 | School Cafe                         |

## EVERY MEAL INCLUDES: 1 ENTRÉE, 1 FRUIT SERVING, 1 CHOICE ASSORTED FAT LOW FAT MILK

Committed to Serving Excellence